

Rules and information 3rd Morcote Scal Sunday, March 30, 2025

- a) The race will be held in the Municipality of Morcote.
- b) The race will be held in any weather.
- c) Only the first 100 registered runners will be admitted to the race.
- d) Minimum age is 16 years and over.
- e) Each entrant to the race runs at his/her own risk. The state of health must be optimal and each participant must be able to run at a high speed on a repeated sequence of 420 steps (stairs) to be repeated at least twice.
- f) The race organizer assumes no responsibility in case of accidents and illness.
- g) Each entrant must have health and insurance coverage that can, if necessary, cover all the expenses of transportation by ambulance as well as by helicopter.
- h) Each entrant must abide by the anti-doping rules, available at www.antidoping.ch
- i) No earphones and no sticks are allowed.
- j) The race is not timed.
- k) Each entrant must respect the marked route and abide by the directions of the volunteers along the course. Any violation may be punishable by disqualification.
- l) Dedicated and free parking spaces will be reserved for race entrants at the Garavello parking garage in Morcote (the first one encountered coming from Melide on the right as you enter Morcote, on Riva de la Costa).
- m) With registration, in addition to free parking, lunch (starting at 12.30 p.m.), bib number, water and banana at the finish line will be included.
- n) Race Bib pickup will take place at the Garavello 7 space (seventh floor of the Garavello parking garage in Morcote) from 08.30 am to 09.30 am.
- o) Participants are encouraged to use public transportation to get to Morcote or to use car sharing
- p) Each registrant must visibly place their bib.
- q) The 100 registrants will be divided into two categories, men and women. Between the two categories, the first qualifying batteries will be drawn, which will consist of 3, 4 or 5 runners per battery depending on how many participants there will be per category (men and women). The first two from each battery will qualify for the next final battery, while the last three will participate in a dispareggio battery.
- r) Each entrant must pay attention to other participants running in the same battery.
- s) The start of the first elimination batteries is set at 09.45 am from Piazza Granda in Morcote.
- t) There will be no shower facilities on site.

u)The awards ceremony will take place at approx. 2.30 p.m. at the Garavello space (7 floor Garavello parking garage in Morcote, see bib pickup). Indoor even in case of rain.

v)Prizes are provided for the top three finishers in the two categories.

w) Each participant consents to the disclosure of his/her personal data such as surname and first name, private address (street, postal code and city), date of birth, telephone number, e-mail address to partners (e.g. for photo and video shoots), unless you prohibit the disclosure of data by sending a communication to the following e-mail address to: info@sporteventsticino.ch

x)These partners may use the data for their own services or for advertising purposes and, in the case of disponsors, for targeted addresses and telephone campaigns, agreed in advance with the organizer in connection with the current event. You may revoke your consent to the transfer of data to third parties at any time. Participants agree that the organizer may use images (official photographs and film) related to the event for promotional purposes,such as website pages, flyer set-up, videos, photographs, social media and do not nerivend any rights

x)The organizers assume that each registrant of the race has familiarized himself/herself with thepresent official rules and accepts all their items.

y)Registration cancellation:

There is no refund for athletes who cancel their registration, nevertheless, runnersmay take out cancellation insurance on their own behalf with an insurance company of their choice.

In case of submission of a valid medical certificate within 10 working days before the event, the Organizer reserves the right to assess a refund or carry over the registration to the following year's edition. In case of a refund, the registration amount minus transaction fees is returned through the same channel as the payment (credit card or bank deposit).